

It's time to eat better, feel better & move more! Let's give it a go!



Health Check Pit Stops & Cooking Demos!

- Details**
- Outside Blackbutt Newsagent – 10am-2pm, Monday 21 January 2013
 - Outside Murgon IGA – 10am-2pm, Wednesday 23 January 2013
 - Outside Wondai IGA – 10am-2pm, Thursday 24 January 2013
 - Kingaroy Shopping World – 3pm-7pm, Thursday 24 January 2013
 - Nanango Foodworks - 10am-2pm, Friday 25 January 2013

- What**
- Get your health checked by local Community Health Nurse, find out about Healthy Communities Programs happening in the South Burnett in 2013 and taste test a healthy recipe.

For more information contact:

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Proudly supported by RHealth and South Burnett Regional Council's Healthy Communities Initiative
RHealth is funded by Queensland Health
This National Partnership Agreement on Preventive Health is funded by the Australian Government

